

**Department of Arts & Commerce**

**Academic Year 2024-25**

**Report on**

**One day training on "Cyber security Hygiene"**

**Date: 1<sup>st</sup> March 2025**

**Name of the Activity: One day training on "Cyber security Hygiene"**

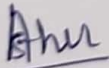
**Objectives:** To understand various types of cyber threats, significance of good cyber hygiene in preventing cyber-attacks and ensuring data security.

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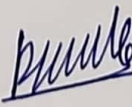
**One day training on "Cyber security Hygiene"** was successfully organized by the Department of Arts & Commerce on Saturday, 1<sup>st</sup> March 2025 under the guidance of Dr. Padmavati Undale, HoD Arts & Commerce.

**Prof. Trupti Kulkarni** was the resource person for this program. She explained the concept of Cybersecurity with the help of presentation and real life examples. She said that Cybersecurity hygiene can prevent or minimize the damage caused by these attacks, safeguard sensitive data, and maintain trust in digital services. Inadequate cybersecurity hygiene can lead to significant financial losses, damage to reputation, and legal consequences. Therefore, maintaining strong cybersecurity hygiene practices is not only an essential aspect of information security but also a key factor in the overall resilience of an organization.

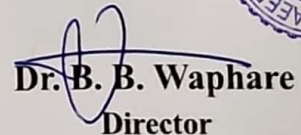
**37 parents and 68 students** attended this program and feedback from them indicated that this training program successfully met its objectives, equipping participants with the knowledge and practical skills needed to improve their cybersecurity habits. The positive feedback and engagement indicate that the program had a meaningful impact, raising awareness about the importance of cybersecurity hygiene and promoting a culture of proactive security.



**Dr. Archana Aher**  
Coordinator



**Dr. Padmavati Undale**  
HoD Arts & Commerce

  
**Dr. B. B. Waphare**  
Director



“One day training on “Cyber security Hygiene” Dated 1<sup>st</sup> March 2025

